



press release

FORK OFF: *Animals, Art, & Advocacy*

Art exhibition opening Friday August 10, 7-9pm, continuing Saturday and Sunday (August 11/12) 11-5pm at the Gabriola Arts and Heritage Centre, 476 South Road, Gabriola

People are moving toward a plant-based diet for many reasons including personal health as well as environmental disquiet; but for a group of visual artists featured in an upcoming exhibit on Gabriola Island, a large part of their decision to not eat animals rests with the animals themselves.

Fork off: *Animals, Art, & Advocacy* will showcase the work of 9 award-winning artists all of whom place themselves firmly on the vegan/vegetarian continuum. Elsa Bluethner, Dianna Bonder, Tammy Hudgeon, Caroline James, Leslie Norgate, Sheila Norgate, Carole Reid, Zena Rogak and Mia Tremblay, may be diverse in their choice of mediums but they are united in their concern for the plight of animals. Each has created new artwork specifically for this exciting and ground-breaking exhibition.

The show, proudly presented by Gabriola's Vegeteers and generously supported by an anonymous donor, will feature plant-based snacks and refreshments as well as a new talk by artist/performer Sheila Norgate recounting her own meandering path towards a plant-based life (2:30 pm Saturday, August 11).

Please join us for this stimulating, challenging, and heartfelt exhibition.

For more info, please call Sheila Norgate @250.247.7308 or email snorgate@shaw.ca.